



## O'Doughs product specifications

# MUFFINS

O'Doughs certified gluten-free bakery is proud to launch 3 delicious varieties of muffins; Wild Blueberry, Banana Chocolate Chip & Double Chocolate. These eye-catching muffin 4 packs will jump out at consumers in the retailer's freezer section. These aren't just great gluten-free muffins - they're fantastic muffins by any standard!

# MUFFINS

## Wild Blueberry

**Ingredients:** Whole Egg, Organic Evaporated Cane Juice, Wild Blueberries, Potato Starch, Sunflower Oil, Glycerine, Whole Grain Rice Flour, Chicory Inulin, Cellulose Fibre, Baking Powder, Baking Soda, Emulsifier, Salt, Xanthan, Natural Vanilla Bourbon Flavour, Citric Acid.

**Contains:** Egg

**May contain traces of:** Soy, Sesame



**Dimensions:** 6.68cm L x 2.37cm W x 6.67cm H

Nutrition Facts / Valeur Nutritive	
Serving Size 1 muffin (85g) Servings per container 4	
Amount Teneur	% Daily Value % Valeur Quotidienne
<b>Calories / Calories</b> 284	
<b>Fat / Lipides</b> 14 g	<b>22 %</b>
Saturated / saturés 2g	<b>9 %</b>
+ Trans / trans 0 g	
<b>Cholesterol / Cholestérol</b> 80 mg	<b>27 %</b>
<b>Sodium / Sodium</b> 271mg	<b>11 %</b>
<b>Carbohydrate / Glucides</b> 38 g	<b>13 %</b>
Fibre / Fibres 4g	<b>16 %</b>
Sugars / Sucres 20 g	
<b>Protein / Protéines</b> 3g	
<b>Potassium / Potassium</b>	<b>1 %</b>
Vitamin A / Vitamine A	<b>10 %</b>
Vitamin C / Vitamine C	<b>1 %</b>
Calcium / Calcium	<b>2 %</b>
Iron / Fer	<b>4 %</b>

Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs. / Pourcentage de la valeur quotidienne selon un régime alimentaire de 2 000 Calories - Vos valeurs quotidiennes personnelles peuvent être plus ou moins élevées selon vos besoins énergétiques Calories.

## Double Chocolate

**Ingredients:** Whole Egg, Organic Evaporated Cane Juice, Chocolate Chips, Sunflower Oil, Potato Starch, Cocoa, Glycerine, Whole Grain Rice Flour, Chicory Inulin, Cellulose Fibre, Baking Powder, Baking Soda, Emulsifier, Chocolate Flavour, Salt, Xanthan, Natural Vanilla Bourbon Flavour, Instant Coffee, Citric Acid.

**Contains:** Egg

**May contain traces of:** Soy, Sesame



**Dimensions:** 6.68cm L x 2.37cm W x 6.67cm H

Nutrition Facts / Valeur Nutritive	
Serving Size 1 muffin (85g) Servings per container 4	
Amount Teneur	% Daily Value % Valeur Quotidienne
<b>Calories / Calories</b> 332	
<b>Fat / Lipides</b> 17 g	<b>26 %</b>
Saturated / saturés 2g	<b>9 %</b>
+ Trans / trans 0 g	
<b>Cholesterol / Cholestérol</b> 92 mg	<b>31 %</b>
<b>Sodium / Sodium</b> 260mg	<b>11 %</b>
<b>Carbohydrate / Glucides</b> 40 g	<b>13 %</b>
Fibre / Fibres 4g	<b>16 %</b>
Sugars / Sucres 19 g	
<b>Protein / Protéines</b> 4g	
<b>Potassium / Potassium</b>	<b>3 %</b>
Vitamin A / Vitamine A	<b>12 %</b>
Vitamin C / Vitamine C	<b>1 %</b>
Calcium / Calcium	<b>4 %</b>
Iron / Fer	<b>5 %</b>

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## Banana Chocolate Chip

**Ingredients:** Whole Egg, Organic Evaporated Cane Juice, Chocolate Chips, Sunflower Oil, Potato Starch, Banana Flakes, Glycerine, Whole Grain Rice Flour, Chicory Inulin, Cellulose Fibre, Baking Powder, Baking Soda, Emulsifier, Natural Banana Flavour, Salt, Xanthan, Natural Vanilla Bourbon Flavour, Citric Acid.

**Contains:** Egg

**May contain traces of:** Soy, Sesame



**Dimensions:** 6.68cm L x 2.37cm W x 6.67cm H

Nutrition Facts / Valeur Nutritive	
Serving Size 1 muffin (85g) Servings per container 4	
Amount Teneur	% Daily Value % Valeur Quotidienne
<b>Calories / Calories</b> 335	
<b>Fat / Lipides</b> 16 g	<b>25 %</b>
Saturated / saturés 2g	<b>8 %</b>
+ Trans / trans 0 g	
<b>Cholesterol / Cholestérol</b> 83 mg	<b>28 %</b>
<b>Sodium / Sodium</b> 238mg	<b>10 %</b>
<b>Carbohydrate / Glucides</b> 38 g	<b>13 %</b>
Fibre / Fibres 3g	<b>14 %</b>
Sugars / Sucres 16 g	
<b>Protein / Protéines</b> 4g	
<b>Potassium / Potassium</b>	<b>1 %</b>
Vitamin A / Vitamine A	<b>10 %</b>
Vitamin C / Vitamine C	<b>0 %</b>
Calcium / Calcium	<b>4 %</b>
Iron / Fer	<b>5 %</b>

Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs. / Pourcentage de la valeur quotidienne selon un régime alimentaire de 2 000 Calories - Vos valeurs quotidiennes personnelles peuvent être plus ou moins élevées selon vos besoins énergétiques Calories.