



O'Doughs product specifications

# MUFFINS

O'Doughs certified gluten-free bakery is proud to launch 3 delicious varieties of muffins; Wild Blueberry, Banana Chocolate Chip & Double Chocolate. These eye-catching muffin 4 packs will jump out at consumers in the retailer's freezer section. These aren't just great gluten-free muffins - they're fantastic muffins by any standard!

# MUFFINS

## Wild Blueberry

**Ingredients:** Whole Egg, Organic Evaporated Cane Juice, Wild Blueberries, Potato Starch, Sunflower Oil, Glycerine, Whole Grain Rice Flour, Chicory Inulin, Cellulose Fibre, Baking Powder, Baking Soda, Emulsifier, Salt, Xanthan, Natural Vanilla Bourbon Flavour, Citric Acid.

**Contains:** Egg

**May contain traces of:** Soy, Sesame



**Dimensions:** 6.68cm L x 2.37cm W x 6.67cm H

### Nutrition Facts

Serving Size 1 muffin (85g)  
Servings per container 4

Amount	% Daily Value
<b>Calories 284</b>	
<b>Fat 17 g</b>	<b>22 %</b>
Saturated 2g	9 %
+ Trans 0 g	
<b>Cholesterol 80 mg</b>	<b>27 %</b>
<b>Sodium 271 mg</b>	<b>11 %</b>
<b>Carbohydrate 38 g</b>	<b>13 %</b>
Fibre 4g	16 %
Sugars 20 g	
<b>Protein 3 g</b>	
<b>Potassium 1 %</b>	
Vitamin A	10 %
Vitamin C	1 %
Calcium	2 %
Iron	4 %

Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.

## Double Chocolate

**Ingredients:** Whole Egg, Organic Evaporated Cane Juice, Chocolate Chips, Sunflower Oil, Potato Starch, Cocoa, Glycerine, Whole Grain Rice Flour, Chicory Inulin, Cellulose Fibre, Baking Powder, Baking Soda, Emulsifier, Chocolate Flavour, Salt, Xanthan, Natural Vanilla Bourbon Flavour, Instant Coffee, Citric Acid.

**Contains:** Egg

**May contain traces of:** Soy, Sesame



**Dimensions:** 6.68cm L x 2.37cm W x 6.67cm H

### Nutrition Facts

Serving Size 1 muffin (85g)  
Servings per container 4

Amount	% Daily Value
<b>Calories 332</b>	
<b>Fat 17 g</b>	<b>26 %</b>
Saturated 2g	9 %
+ Trans 0 g	
<b>Cholesterol 92 mg</b>	<b>31 %</b>
<b>Sodium 260 mg</b>	<b>11 %</b>
<b>Carbohydrate 40 g</b>	<b>13 %</b>
Fibre 4g	16 %
Sugars 19 g	
<b>Protein 4 g</b>	
<b>Potassium 3 %</b>	
Vitamin A	12 %
Vitamin C	1 %
Calcium	4 %
Iron	5 %

Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.

## Banana Chocolate Chip

**Ingredients:** Whole Egg, Organic Evaporated Cane Juice, Chocolate Chips, Sunflower Oil, Potato Starch, Banana Flakes, Glycerine, Whole Grain Rice Flour, Chicory Inulin, Cellulose Fibre, Baking Powder, Baking Soda, Emulsifier, Natural Banana Flavour, Salt, Xanthan, Natural Vanilla Bourbon Flavour, Citric Acid.

**Contains:** Egg

**May contain traces of:** Soy, Sesame



**Dimensions:** 6.68cm L x 2.37cm W x 6.67cm H

### Nutrition Facts

Serving Size 1 muffin (85g)  
Servings per container 4

Amount	% Daily Value
<b>Calories 335</b>	
<b>Fat 16 g</b>	<b>25 %</b>
Saturated 2g	8 %
+ Trans 0 g	
<b>Cholesterol 83 mg</b>	<b>28 %</b>
<b>Sodium 238 mg</b>	<b>10 %</b>
<b>Carbohydrate 38 g</b>	<b>13 %</b>
Fibre 3g	14 %
Sugars 16 g	
<b>Protein 4 g</b>	
<b>Potassium 1 %</b>	
Vitamin A	10 %
Vitamin C	0 %
Calcium	4 %
Iron	5 %

Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.